

Trainingszeiten SSV Lok Bernau Saison 2024/2025

	Teams	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Kontakt
Ballspielgr.	Eltern-Kind 1 (2,5 - 4 J.)		16:00-17:15 (ZC)				Simone
	Eltern-Kind 2 (2,5 - 4 J.)				16:00-17:00 (ZC)		Simone
	Ballschule 1 (2019)		17:15-19:00 (ZC)				Simone
	Ballschule 2 (2018)					16:00-17:30 (EWH)	Rene S.
Rookies	mu10-12 (2015-2013)	16:00-17:30 (S)		16:00-17:30 (S)			
	wu10-12 (2015-2013)			17:00-19:00 (WT)		16:00-17:30 (WT)	
	u14+ (2012-2007)	17:00-19:00 (WT)		16:00-17:30 (ZC)			
Mix	MixU8 (2017)		16:00-17:30 (S)		16:00-17:30 (S)		Chris
	MixU9-1 (2016)		16:00-17:30 (S)			16:00-17:30 (ZC)	
	MixU9-2 (2016)		16:00-17:30 (S)		16:00-17:30 (S)		Stefan R.
	MixU10-1 (2015)	16:00-17:30 (S)			16:00-17:30 (S)		Nico
	MixU10-2 (2015)	16:00-17:30 (S)				16:00-17:30 (EWH)	Maik
Jugend männlich	MU11-1 (2014)			16:00-17:30 (S)		17:30-19:00 (EWH)	Rene S.
	MU11-2 (2014)			16:00-17:30 (S)		17:30-19:00 (EWH)	Rene S.
	MU12-1 (2013)	17:30-19:00 (S)		17:30-19:00 (S)			Henry
	MU12-2 (2013)	17:30-19:00 (S)		17:30-19:00 (S)			Rene B.
	MU14-1 (2011/12)	17:00-19:00 (WT)		17:30-19:00 (ZC)			Stefan W.
	MU14-2 (2011/12)	17:00-19:00 (WT)				17:30-19:00 (EWH)	Artem
	MU14-CO (2011/12)	17:30-19:00 (S)			17:30-19:00 (S)		Alejandro
	MU16-1 (2009/10)			17:30-19:00 (S)		17:30-19:00 (WT)	Jörg
	MU16-2 (2009/10)		17:30-19:00 (S)			17:30-19:00 (WT)	Christian
	JBBL (2009/10)				19:00-20:30 (S)		Alejandro
	MU18-1 (2007/08)	19:00-20:30 (ZC)	19:00-20:30 (S)			17:30-19:30 (ZC)	Björn
	MU18-2 (2007/08)	19:00-21:00 (WT)				19:00-21:00 (WT)	
Jugend weiblich	WU11 (2014)			17:00-19:00 (WT)		16:00-17:30 (WT)	Matze
	WU12 (2013)	16:00-17:30 (ZC)		17:00-19:00 (WT)		16:00-17:30 (WT)	Marco
	WU14 (2011/12)	17:30-19:00 (ZC)			17:30-19:00 (S)		Thomas
	WU16-1 (2009/10)		17:30-19:00 (S)		17:00-18:30 (ZC)		Leo
	WU16-2 (2009/10)		17:30-19:00 (S)			17:30-19:00 (WT)	
	WU18 / D2 (2008+)		19:00-20:30 (S)			19:00-21:00 (WT)	Karo
Senioren u. Sportgruppen	Damen I	19:00-21:00 (EWH)		19:00-20:30 (S)	18:30-20:30 (ZC)		Leo
	Damen/Sen.		20:00-21:30 (ZC)				Brockmann
	Herren II		19:00-20:30 (S)			19:00-21:00 (WT)	Chris
	Herren III	20:30-22:00 (S)		20:30-22:00 (S)			
	Herren IV	20:30-22:00 (ZC)			20:30-22:00 (ZC)		Thorben
	Freizeit			19:00-21:00 (WT)			Tobias R.
	Senioren Ü35	20:30-22:00 (S)		20:30-22:00 (ZC)			
	Senioren Ü45			19:00-20:30 (ZC)			Jens
	Senioren Ü65					19:30-21:00 (ZC)	Ralf
	SG Moritz		19:00-20:00 (ZC)				N. Moritz
	Volleyball	19:00-21:00 (WT)		19:00-21:00 (WT)			Michael
	Bergsteiger			20:30-22:00 (S)			M. Heß
	Fußball		20:30-22:00 (S)	18:30-20:30 (BAR)			M. Löser

Sporthallen

ZC GS Blumenhag - Zepernick Ch.

EWH Erich-Wünsch-Halle - Heinersdorfer Str.

S S-Arena Bernau - Ladeburger Ch.

WT Wasserturmhalle - Schönower Ch.